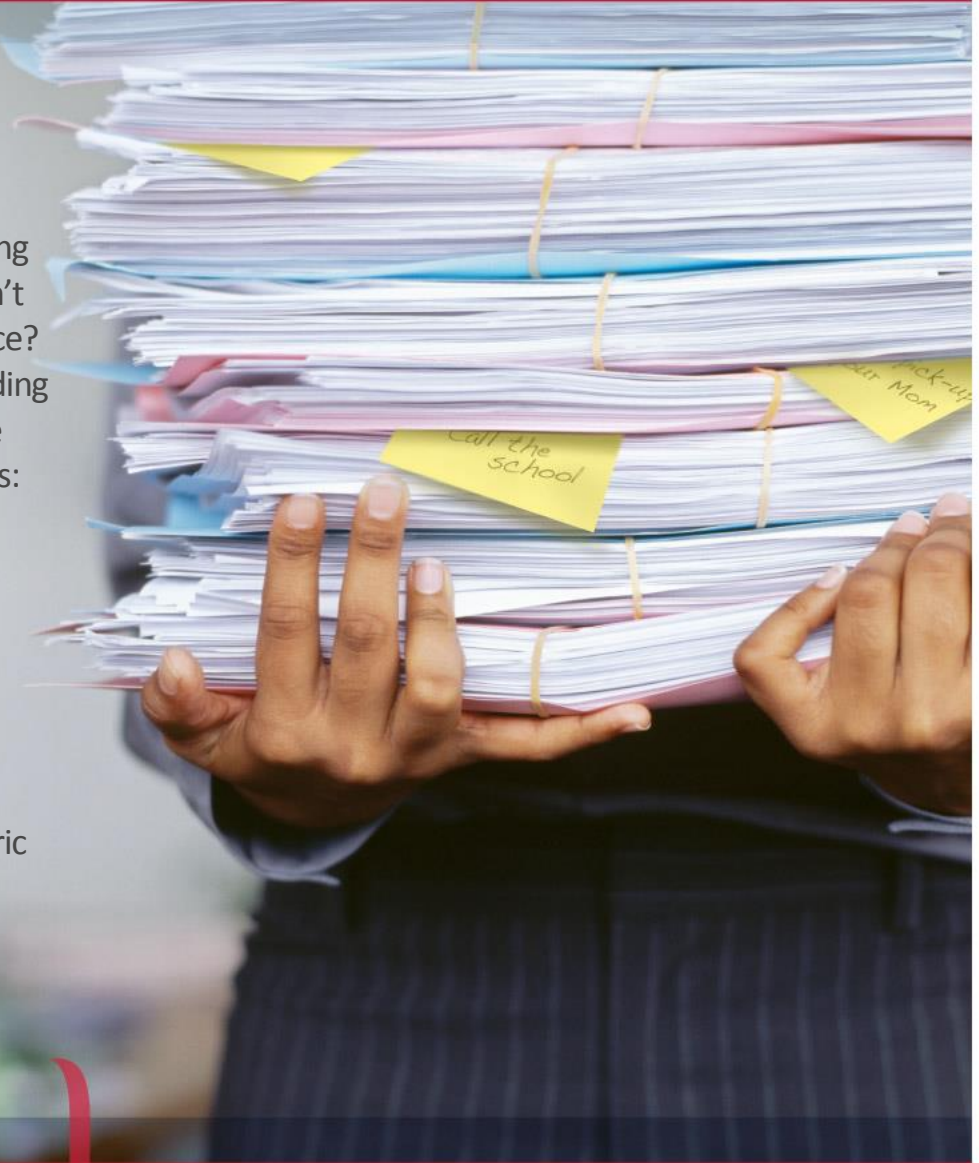


## EMPLOYEE ASSISTANCE CENTER

# *Balancing priorities— no matter how they stack up*

Providing dependent care is unlike any other work or life responsibility—you're always on-duty, and there's no such thing as a deadline extension. Wouldn't it be nice to have some assistance? That's where we come in, providing assistance and support for these and other dependent-care topics:

- Child care, elder care, and care for special needs
- Caregiver stress and work-life balance
- Support groups and community resources
- Child, adolescent, and geriatric health concerns
- Unexpected events and caregiving emergencies



IMPROVING LIVES AT WORK AND AT HOME



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